Tryout Evaluation

Name_____
Position_____ Bat: R – L – S

Years played: _____ Height: _____ Weight_____
Highest Level: _____ Throw R – L Year in School_____

1.	60 Yard Dash:	_____	_____	_____
2.	Agility Run	_____	_____	_____
3.	Velocity Throw	_____	_____	_____
4.	40 Yard Dash	_____	_____	_____
5.	Home to First	_____	_____	_____
6.	Speed	1, 2, 3, 4, 5, 6, 7, 8, 9, 10		
7.	Quickness	1, 2, 3, 4, 5, 6, 7, 8, 9, 10		
8.	Agility	1, 2, 3, 4, 5, 6, 7, 8, 9, 10		

Live Hitting/Machine

1.	Power	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Contact	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Technique	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Bunting	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
5.	Situational Hitting	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
6.	Arm Position	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
7.	Barrel Forward and Down	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
8.	Head-Eyes	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
9.	Top Hand	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
10.	Balance	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Defense – Infield

1.	Foot Quickness	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Soft Hands	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Quick Release	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Accuracy of Throws	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
5.	SS to 1st Velocity	_____seconds
6.	Arm Strength	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
7.	Outfield	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
8.	Ground Ball	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
9.	Fly Ball	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
10.	Reads	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Defense – Outfield

1.	Jump Ability	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Quick Release	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Accuracy of Throw	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	240 Foot Throw to Home	_____seconds
5.	Catching the Ball	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
6.	Foot Work	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
7.	Arm Position	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
8.	Throwing Accuracy	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
9.	Arm Strength	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Pitching

1.	Form/Mechanics	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Control	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Velocity	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Breaking Pitch	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
5.	Change Up	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
6.	Fastball	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
7.	Throws Down Hill	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
8.	Command	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Catching

1.	Blocking	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Time Throws to 2nd	_____ _____ _____
3.	Feet	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Receiving	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Sliding

1.	Figure 4	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Hook	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Head First	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Sliders Aggressive	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
5.	Coordinated Fluid	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
6.	Aggressive	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Intensity Rating

1.	Evaluation	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Arm Strength	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Conditioning	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Athleticism	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Base Running

1.	Jumps/Reads	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
2.	Advance Property	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
3.	Reads Picks	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
4.	Reads Foot	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
5.	Primary/Property	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
6.	Secondary	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
7.	Set Up/Feet	1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Hustle/Work Habits	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
Commitment	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
Attitude	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
Baseball Knowledge	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
Best Potential Position	_____

Other Comments:

SOUTHIES, Orange County

When tryout week takes place its important to have a standard that is used to evaluate each and every player in the program. This information should be used in a positive way to show the player and those being evaluated where their respective ability levels are judged to be at that point in time. It in no way determines how well each athlete will compete in a game however it does shed light on their skill level and thus is a good tool for a coach as he puts together the most talented team.

Through the years many coaches have expressed concern in terms of dealing with disgruntled parents who feel their son has been slighted and should have a greater role in the program. The following evaluation tool should be helpful eliminating a lot of criticism coaches get and can actually be used to help players realize the need to improve in certain areas. This is a vary comprehensive form that can be totaled when the tryouts are over and actually aid in ranking your most talented to least talented players in the entire tryout and program. Each category is rated 1-10. It's also a good record of what took place in tryouts and can be stored along with practice plans and produced as needed. After 30 years of coaching this what we are using at this time. We continue to refine the process and make adjustments based on needs and fairness.

For further information contact admin@southiesbaseball.com